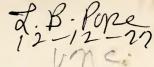
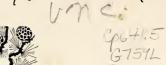
Cronic City Cook Book







# Tested and Tried Receipts

COLLECTED AND PUBLISHED BY

The Ladies

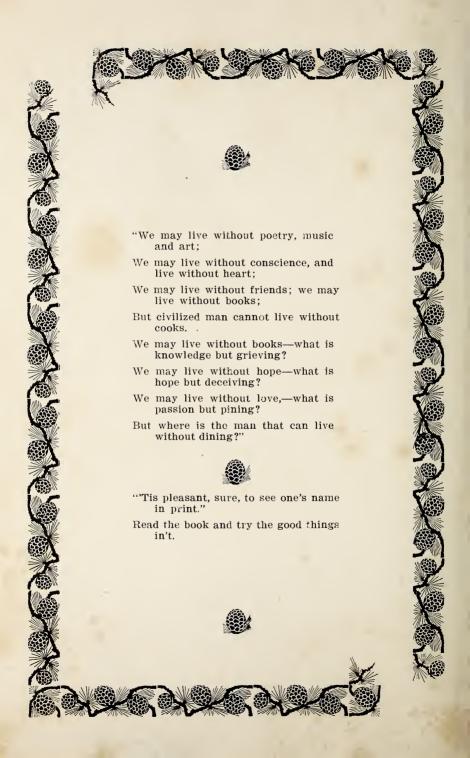
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OF THE

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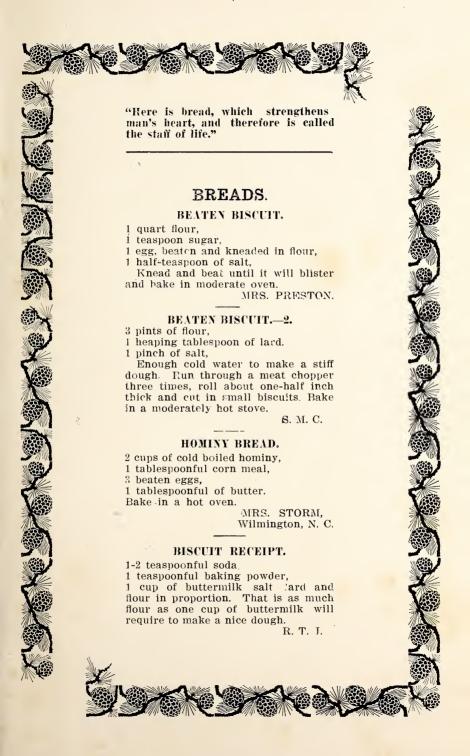
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MOUNT AIRY, N. C.



#### BROWN BREAD.

One quart and one pint of Graham flour.
Half a cup of sugar.
One cup of molasses.
Two cups yeast-sponge.
Quarter cup of sweet milk.
One tea spoonful of soda.
Salt to taste.

Measure the flour into a large bowl, add the sugar, then the molasses with the soda well beaten through it. Next by the same cup, measure the sponge, and add. Then the milk and mix all thoroughly, adding enough warm water to make a stiff dough. Place in a pan for baking, and let rise until about one-third from the top of the pan, then bake four hours or more slowly. A two pound cake pan with tube in center is best.

#### SPONGE.

Take about two table-spoonfuls of bakers yeast and add a cup of white flour and water to make a stiff batter. Let it rise all night and it will be ready to use in the morning. The bread should be risen in a moderately warm place.

MRS. H. JOHNSON, N. C.

#### ADIRONDACK GRIDDLE CAKES.

One pint of flour
One pint of buttermilk,
One even teaspoonful of soda,
Two eggs beaten until light and a
little salt.

If for breakfast, mix the lour and milk the night before, and just before baking add the eggs, soda and salt.

Always sift the soda before measuring.

MRS. CULLEN MERRITT.

#### GRAHAM CRACKERS.

1 egg.

1 tea cup of butter, (small cup.)

1 cup of sugar.

1-4 teaspoon soda.

3 tablespoons thick clabber or butter milk.

Nutmeg to taste.

Beat the above ingredients smooth. Take graham flour with only the husk removed.

Mix dry as possible, roll very thin with white flour on the board. Bake in a slow oven on the bottom of a biscuit pan or sheet of tin

MRS. WILL GILMER.

#### SOUTHERN WAFFLES.

1 tablespoonful of butter

1 tablespoonful of corn meal,

1 teaspoonful of soda,

1 teapsoonful of baking powder,

1 teaspoonful of sugar,

1-2 teaspoonful of salt,

1 egg,

1 pint of sour milk,

1 pint of flour.

Cream butter and sugar, add egg and beat light, add milk, then put the other ingredients into the flour and sift into the milk, etc. Beat thoroughly.

MRS. S. W. GENTRY.

#### WAFFLES.

2 eggs beaten well.

1-2 teaspoonful of salt.

1 scant teaspoonful of soda.

1 scart teaspoonful of baking powder.

1 pint of butter-milk.

1-2 pint of sweet milk.

1 heaping tablespoonful of cornmeal.

MRS. M. D. MOORE.

1 gt. flour

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# R. W. REECE,

Dentist,

Office Over F. L. Smith Hardware Store, Phone: Office 74; Residence 191.

MOUNT AIRY, N. C.

#### FRIED TOAST.

Slice Bread,
Whip one egg till mixed
Add to this one cup of sweet milk,
Dip bread one slice at a time and
fry till light brown.
M. O. W.

#### PUFF MUFFINS.

2 cups of flour (scant measure.) 2 cups of sweet milk 4 eggs,

1-2 spoonful salt.

Beat the eggs fifteen strokes, then add alternately the flour and milk, have ready the pans well greased bake for half hour in a good hot oven.

MRS. W. N. MEBAN,

Greensboro, N. C.

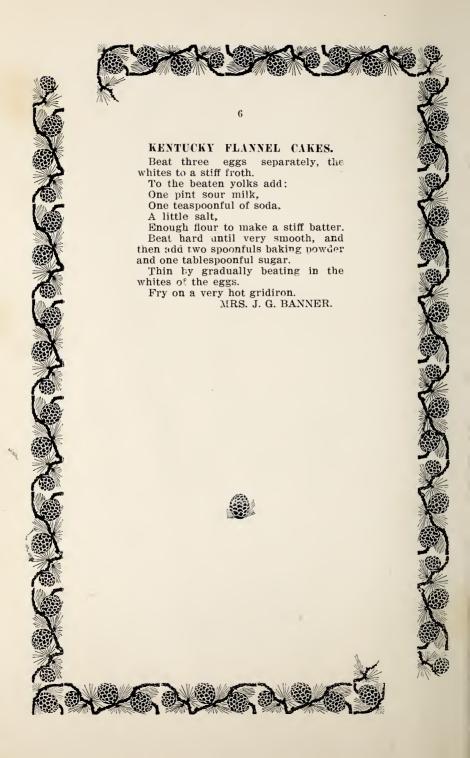
#### YEAST.

Six Irish potatoes, washed, pared, grated to two quarts of beiling water. Boil a few minutes stirring constantly. Add half a cup of salt, half a cup of sugar, let it cool and then add one cup of yeast. Let it rise, stir it down, and put in a tight jar.

MRS. G. A. PECK. Wilmington, N. C.

#### CORN BREAD.

One quart of sifted corn meal,
One quart of clabber,
One egg,
One teaspoon soda, dissolved in milk,
One tablespoon white sugar, or more
if you wish it sweeter.
A pinch of salt.
Stir all well together and bake.
MES. GEO. A. PECK,
Wilmington, N. C.



7

These pages are "With wisdom fraught,"
Not such as books, but such as practice taught."

#### CAKES.

#### SPONGE CAKE.

3 eggs beaten 3 minutes.

Add 1 1-2 cupfuls sugar and beat 5 minutes.

Add 1 cup of flour and beat 1 minute more. Then 1-2 cupful of warm water and another cup of flour. Into last cup of flour put one teaspoonful of baking powder. Use lemon or vanilla.

#### JELLY CAKE.

1 cup sugar.

1-2 cup sweet milk.

1-2 cup butter.

2 cups flour.

2 eggs.

1 teaspoonful of cream of tartar.

1-2 teaspoonful of soda.

Very good.

#### SALLY WHITE CAKE.

1 lb flour.

1 to butter.

1 1-4 b sugar.

2 cocoamits grated.

2 To citron cut as for fruit cake.

1 dez. eggs.

1 lb blanched almonds, powdered fine. (almonds may be left out.)

1 nut meg.

1 tablespoonful mixed mace and cinnamon.

1 wine glass of brandy.

1 wine glass of wine.

MRS. KIDDER. Wilmington, N. C.



#### FRUIT CAKE.

One cup each of white sugar, butter and cold strong coffee, eight eggs. two tablespoons each of ground cloves, and allspice, one of cinnamon, two grated nutmegs, one teaspoon of soda dissolved in part of the coffee one pound each of raisins, currants. figs and half a pound each citron and dates. (Some may be omitted and tits used instead if preferred. Four cups of flour, two of which are toasted to a golden brown in the oven. Drelge the fruit in the remainder of the flour mix all together, add a wine-glass of brandy and bake one and one half hours in a moderate oven.

MRS. J. A. HADLEY.

#### MACCAROONS .- OAT MEAL.

3 eggs.

1 1-2 cups of sugar

3 tablespoons melted butter.

2 teaspoons of baking powder.

2 1-2 cups of oatmeal.

Flavor to taste with bitter almoud.
This makes a thick batter which you drop from a teaspoon on buttered tins.
MRS. H. G. GALLAWAY.

#### SOFT GINGER CAKE.

2 eggs.

1 cupful sugar,

1 cupful molasses.

1 cupful butter-milk.

1-2 cupful of butter.

4 cupfuls flour

1 teaspoonful of soda.

1 table-spoonful ginger or more if desired.

MRS. D. VANCE PRICE.

#### SIMPLE FRUIT CAKE.

1 1-2 cups of sugar.

1-2 cup of butter.

3-4 cupfuls of sour milk.

1-2 teaspoonful of soda.

2 eggs.

2 cupfuls of chopped raisins.

1-2 cupful of chopped nuts.

1 teaspoonful each of cloves ginger. and cinnamon, add flour enough to make a rather stiff batter.

This is very fine.

MRS. D. D SHELTON.

#### CROZIER CAKE.

Whites of 10 eggs

1 cup of butter.

3 cups sugar.

4 cups flour.

1 cup sour cream.

1-2 teaspoon soda dissolved in

2 teaspoons tepid water.

1 1-2 teaspoons cream tartar dissolved in the flour Flavoring.

MISS IMOGENE GWYN.

#### CREAM CAKE.

1 cup of sugar,

3 eggs.

4 tablespoonfuls of milk,

1 1-2 caps of flour,

2 reaspoons baking powder.

#### CREAM FOR CAKE.

1-2 pint of milk,

1 tablespoon of corn starch wet with a little milk,

1 egg,

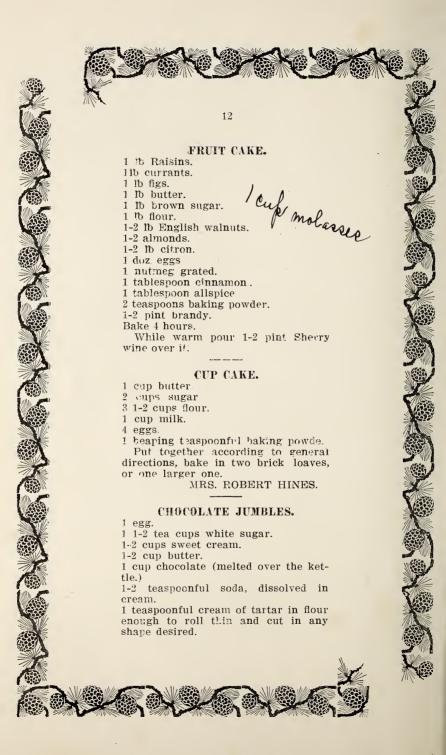
1-2 cup of sugar,

Piece of butter the size of an egg.

Flavor to taste.

MRS. F. H. CHAMBERLAIN.





W. F. CARTER,

Attorney-at-Law,

Mount Airy, N. C.

S. P. GRAVES,

Attorney-at-Law,

Mount Airy, N. C.

# S. S. LAWRENCE,

Attorney-at Law,

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#### GINGER-BREAD.

1 cup of molasses.

1 egg.

1-2 cup snowdrift.

1-2 sour milk.

1 teaspoon soda

2 teaspoons ginger.

2 cups or more of flour.

1 teaspoon salt.

Sift salt and soda in flour. Put all ingredients in together and beat thoroughly. Bake in a slow oven.

MRS. STORM, Wilmington.

#### MRS. ——GORDON'S CLOVE CAKE.

1 lb of flour.

17b of sugar.

1-2 lb of butter.

4 eggs.

teaspoonful of saleratus in a cup of sour milk.

1 to raisins.

1 tablespoonful of cinnamon.

1 tablespoonful of cloves.

1 nut-meg.

Bake in small pate pans.

Charlottesville, Va.

#### CHOCOLATE TEACAKES.

1-2 cup of butter,

1 tablespoon of lard.

1 cup of sugar.

1 egg.

6 tablespoonfuls chocolate (melted.)

1-2 teaspoonful of soda-

2 tablespoonsful of buttermilk,

2 1-2 cups of flour,

A pinch of salt.

Roll thin and bake in a moderately hot oven. Very nice.

MARGARET HORNE, Pittsboro, N. C.



MRS. STONE. Wilmington, N. C.

#### 1-2-3-4 CAKE.

1 cup sweet milk.

2 cups sugar.

3 cups flour.

4 eggs.

1-2 cup corn starch.

2 teaspoonsful baking powder. Cream sugar and butter together, add milk together with little of the flour, and add egg and flour alternately after the eggs have been well beaten. Bake in layer and use any flavoring desired

#### DELICIOUS SPONGE CAKE.

3 eggs.

1-2 teaspoonful salt.

1 1-2 cups flour.

1 1-2 cups sugar.

1 1-2 teaspoons baking powder.

1 teaspoon vanilla or lemon.

Beat whites stiff, yolks slightly, then beat together and add sugar. Then mix flour with baking powder, and add with also 1-2 cup hot water and lastly salt and extract desired.

MRS. JOHN ASHBY.

### PALMETTO CAKE.

1 1-4 lbs sugar.

1 lb butter,

1 lb flour,

1 lb citron cut very thin.

2 grated cocoanuts,

1 dozen eggs.

Beat eggs separate Mix yellows of

eggs well with sugar, add the butter well creamed, then add flour, then vhites and fruits, and 1-2 glass wine and brandy, a tablespoon spices. Bake 2 1-2 hours. This makes a large cake.

MRS PADDISON.

#### WATER-MELON CAKE.

"White Part."

2 cups of white sugar.

1 cup of sweet milk.

1 cup of butter.

3 1-2 cups flour.

8 eggs (whites only.)

2 teaspoons of Royal Baking Powder.

"Red Part."

1 cup of red sugar.

1-2 cup of butter.

1-3 cup of sweet milk.

2 cups of flour.

4 eggs (whites only.)

1 teaspoon of Royal Baking Powder.

1 tea cup of raisins.

Be careful to keep the red part around the tube of the pan.

MRS .C. E. GALLAWAY.

#### DEVIL'S CAKE.

3-4 cup grated chocolate.

1-2 cup of sweet milk.

1-2 cup brown sugar.

Boil in double boiler and let cool.

1-2 cup of butter

1 cup brown sugar.

1-2 cup of sweet milk.

2 well beaten eggs.

1 scant teaspoon soda dissolved in warm water.

2 cups of flour.

1 teaspoonful vanilla.

Add first part when cool and bake in three layers.

ICING.

3 caps sugar

3-4 cup of water.

Boil until it will thread then add beaten whites of two eggs and nuts if desired Flavor with vanilla and beat until stiff.

MRS. E. H. KOCHTITZKY.

#### STRAWBERRY SHORT-CAKE.

2 cups sugar.

1-2 cup butter.

1 cup sweet milk.

4 eggs leaving out the whites of two.

3 1-2 cups of flour.

1 teaspoons cream of tartar.

1 spoon of soda.

Bake in two layers, butter while warm and put together with one quart of strawberries, sweetened.

Beat the whites of two eggs and half a cup of sugar and put on top.

Put in stove until a light brown.
MRS. EDWARD ASHBY.

#### IMPERIAL CAKE.

1 lb of butter.

1 to of sugar,

1 To of flour,

9 eggs,

1 1-4 To of almonds.

1 lb of raisins.

1-2 to of citron.

Cream butter sugar and yolks of oggs. Then add the beater whites, then the flour, reserving a part for the fruit. Lastly add the nuts blanched, cut fine and mixed with fruit and flour.

MISS ALICE HAIGH, Fayetteville, N. C.

#### DOUGHNUTS.

1 cup of sugar.

1 tablespoonful of butter.

1 cup of sour milk.

2 eggs.

1 teaspoonful of soda.

pinch of salt and nutmeg to taste. Flour to make a soft dough.

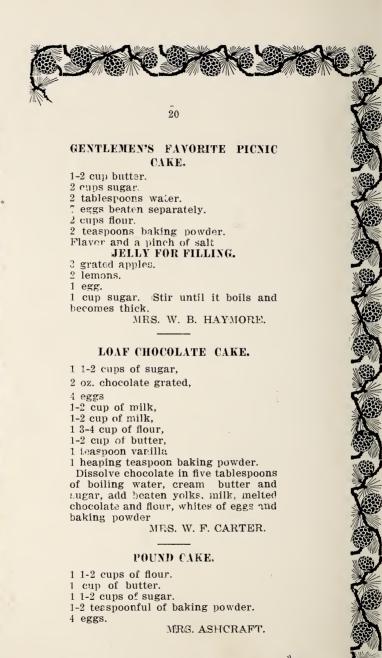
Roll thin, cut in rings and cook in

deep fat.

MRS. W. E. MERRITT.

1 teaspoonful baking powder Flavor to suit taste.

MRS. HOLCOMB.



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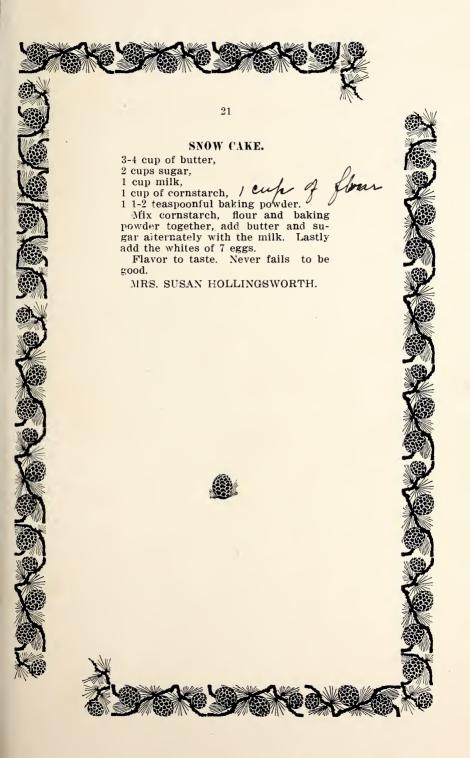
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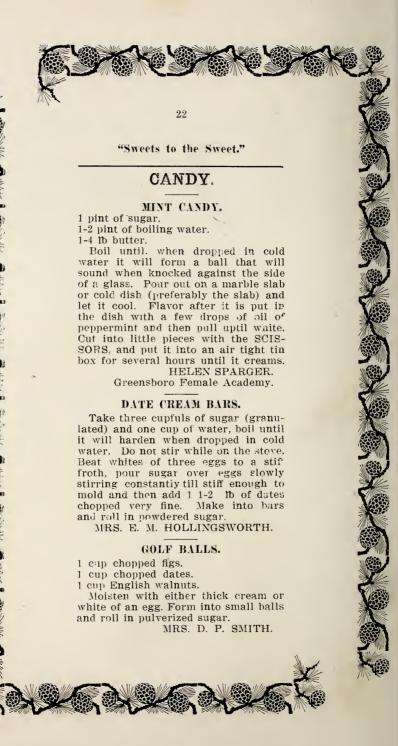
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4 cups brown sugar.

1 cup water.

Boil antil it threads when dropped from spoon. Pour boiling hot over the beaten whites of two eggs stirring all the time and beat until very light and hard enough to put out in buttered paper with a fork or spoon, put a nut in each piece and flavor with vanilla or lemon

MRS. E B. ASHBY.

#### MARSHALL FUDGE.

2 lb ganulated sugar.

1-4 fb butter.

1 1-2 cups sweet milk. (condensed or evaporated milk is just as good.

3 teaspoonfuls of cocoa.

2 teaspoons of vanilla.

Cream butter and sugar. Add milk and bring to a boil, stirring slowly to avoid its sticking to the pan. Add slowly, while boiling, the cocoa, and continue to cook until it "threads," when dropped from the spoon. Remove from stove and stir violently until it "fudges." or creams. Just before pouring it out upon buttered plates add the vanilla. Stir until almost cold.

M. H. G.

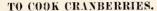
#### PEANUT PASTE.

1 qt. of pounded peanuts. 3 eggs.

1 1-2 To of brown sugar.

Mix sugar and peanuts together, and add the eggs. Grease a pan with butter spread the paste in it bake in a moderately hot oven to a light brown. When done cut in squares.

MRS. BRADLEY.



Add one teacupful of water to one quart of cranberries. Put them over the fire. After cooking ten minutes add two heaping teacupfuls of sugar and cook about ten minutes longer stirring often. Pour into a bowl and when cold they can be removed as felly.

MRS. CULLEN MERRITT.

#### GREEN TOMATO CATSUP.

To one gallon of green tomatoes cut fine add one quart of finely chopped onions, one quart good cider vinegar, four pods of red pepper, 1-2 teacup of salt, 1 teacup mixed ground spices, 1 cup of brown sugar. Stew until one half remains in the kettle.

MRS. SUSAN HOLLINGSWORTH.

#### CUCUMBER CATCHUP.

Use large full grown cucumbers. Peel and grate with a potato grater. Squeeze all juice from pulp and add half as much vinegar as water taken from them. Then grate two or three large onions, and add salt and pepper to taste.

MRS. PRESTON.

#### TOMATO CATCHUP.

Take a peck of nice ripe tomatoes, pour scalding water over them, slip the peeling off, mash and squeeze well with the hand. Add salt, ground pepper, spices and sugar, all to suit the taste, slice several large onions, vineger enough to cover all, and cook thoroughly and bottle tight.

MRS. PRESTON.

#### CHILI SAUCE.

12 large ripe tomatoes,

- 4 ripe or 3 green peppers,
- 2 large onions.
- 2 table spoonfuls of salt.
- 1 tablespoonful cinnamon,
- 1 teaspoonful spice.
- 1 teaspoonful nutmeg.
- 1 teaspoonful cloves,
- 3 cups of vinegar,

Peel tomatoes and chop all. Boil one and one-half hours
Bottle.

MRS. N. H. WRIGHT.



# CHEESE.

#### CREAM CHEESE.

Mix 1-4 lb of cheese with two tablespoons of water and set on back of stove to melt. Break one egg in a teacup and add one teaspoonful flour and one-half teaspoonful of salt and a pinch of mustard and red papper. Finish filling cup with sweet milk and add cheese and stir until thick.

M. B. BROCK.

#### CHEESE BALLS.

1 1-2 cups grated cheese. 1-4 teaspoon salt, Dash cayenne pepper.

Whites of 3 eggs beaten stiff,

A little flour. Roll in shredded wheat or cracker crumbs and fry in deep fat.

MRS. T. J. P.

#### DEVILED CHEESE.

1 1-2 cups grated cheese.

2 tablespoonfuls olive oil or 1 table spoon fine butter.

2 tablespoons vinegar.

1 tablespoon dry mustard.

1 teaspoonful worcestershire sauce.

Salt and pepper to taste.

MRS. M. D. MOORE.

#### COTTAGE CHEESE.

Set a pan of firm clabber in hot water and break up the clabber gently until it separates from the whey. Pour into a bag and drip over night. Remove from bag, moisten with sweet cream and season with salt and pepper.

#### CHEESE PUDDING.

1 pint of milk.

1 cup of cheese.

1 cup cracker crumbs.

1 teaspoon of butter.

2 eggs.

Stir cheese, cracker crumbs, butter and yolks of eggs in milk. Cook in baking dish until stiff then stir in the whites beaten light and put inside the stove to brown.

MRS. JOHN A. GILMER.

#### CHEESE STRAWS.

2 1-2 cups ground cheese.

1 tablespoon of butter.

1 cup of flour.

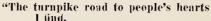
1 teaspoon baking powder.

Pinch of salt,

Enough cold water to make a stiff dough,

Work a long time.

MRS. GEO. FAWCETT. Mount Airy, N. C.



"Lies through their mouths, or I mistake mankind."

#### DESSERTS.

#### BELL FRITTERS.

Boil one pint of water, and while it is boiling stir in it one pint of flour then break in six eggs, one at a time. When the batter is well mixed, drop by spoonfuls in boiling lard. There must be sufficient lard to keep the fritters from touching the pan. Serve with syrup or molasses. The lard can be used for other things afterwards.

MISS SUE M. CARTER.

#### SHERRY CREAM

To 1 qt. pure cream, add one small cup sugar, 1-2 cup sherry or any good wine, a spoon or two of brandy. Beat all till stiff and add the stiff whites of 6 eggs. Pour into mould and cover with crushed ice and salt. After standing three hours turn out and serve in slices.

MRS. J. S. COBB.

#### STUFFED BANANAS.

Cut off one quarter of several bananas, remove the pulp and press through a seive. Add to each cupful the juice of half a lemon and 2 tablespoons of fine sugar. Fill shells. Whip a cupful of cream and put on top and place on ice. Serve with cake.

LUCYE REECE.

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R. H. LEONARD, Jeweler and Optician, Mount Airy, N. C.



To 3 cups boiling water add 5 teaspoons grated chocolate and 1 cup sugar.

Stir well and let boil 3 minutes. Remove from fire and dissolve in this mixture 1 box of orange jello.

Stir occasionally until it begins to thicken then beat until it is foamy.

Stir in whites of 4 well beaten eggs. Beat together with egg whip until very light and stiff.

Add 1 teaspoonful of vanilla. Pour in mold and set away to cool. Serve with whipped cream.

MRS. R. B. GLENN.

#### CHARLOTTE RUSSE.

1 pint of whipped cream.

1-2 oz. gelatine, dissolved in one gill of milk, (hot.)

2 eggs (whites only) beaten stiff.

1 teacup of sugar. Vanilla to taste.

Mix the cream, eggs and sugar flavor and beat, put in the gelatine and milk last.

MRS. GEO. A. PECK. Wilmington, N. C.

#### ORANGE CHARLOTTE.

Soak 1-3 box of gelatin in 1-3 cup cold water.

Dissolve gelatin in 1-3 cup boiling water. Add 3 tablespoons of lemon juice, 1 cup of orange juice, 1 cup of sugar. When quite thick beat with wire spoon until frothy, then add well beaten whites of 3 eggs and fold in 2 cups of whipped cream. Pour in mold and set on ice.

MRS. R. B. GLENN.

Seed dates, cover with water and boil, stirring carefully till all the water is boiled out. When cold add walnuts, eggs, thoroughly whipped, and lemon juice.

Serve with whipped cream.

MRS. N. H. WRIGHT.



"A Spanish proverb says that: To make a perfect salad, there should be a miser for oil, a spendthrift for vinegar, a wise man for salt and a madcap to stir the ingredients up and mix them well together."

### DRESSING-SALAD.

#### OIL SALAD DRESSING.

Yolk of 1 hard boiled egg (cold) pulverized.

Break to this yolk of 1 raw egg. Add 1 small level teaspoon of mustard. 1 pinch cayenne pepper.

1-2 teaspoon of salt.

Stir well together, juice of one lemon, (strained,) and 2 tablespoons of vinegar.

At start put in a little oil, vinegar, lemon juice, oil last

1-2 pint oil to this quantity.

Add a little whipped cream just before serving.

M. W.

#### GRAPE-FRUIT SALAD.

To 1 quart of fruit cut into dice with scissors, add 1 pt. celery, 1 pt. Malaga grapes, split and seeded. Over this pour a dressing made of six large tablespoons of olive cil, into which 1-2 teaspoon of salt, 1 spoon of pulverized sugar, after a dash or two of white pepper. Mix thoroughly add gradually two tablespoons of lemon juice beating all the while. Place all on ice and serve on crisp lettuce leaves and garnish with pecan nuts.

If fruit is acid add a little sugar.
MRS. J. S. COBB.



Put 1-2 pint vinegar in double boiler. Beat three eggs with 1 i-2 heaping tablespoons granulated sugar, a teaspoonful each of mustard and salt, pepper to taste. 1-4 cupful of flour, stirred in enough water to make a paste then add to the eggs, and vinegar, whip the whole very light, add a lump of butter half the size of an egg and stir for ten minutes till thick and smooth. When cold add horseradish to taste and a cupful of whipped cream for every cup of dressing.

Nice to serve with all kinds of meat salads.

MRS. E. M. HOLLINGSWORTH.

#### SALAD DRESSING.

Yolks of 2 eggs.

1 tablespoon of butter.

1 tablespoon of flour.

1 heaping teaspoon of mustard,

2 tablespoons each of sugar and cream 1 teacup of vinegar and a pinch of cayenne pepper and salt to taste. Mix mustard and butter together. Add yolks and sugar. Mix the flour in the cream, put on the fire and when hot add other ingredients. Cook in double boiler until thick as custard.

MRS. CULLEN MERRITT.

#### BANANA SALAD.

Slice ripe bananas, sprinkle with ground roasted peanuts, and garnish with lettuce.

Use following dressing: yolks of four eggs, beaten light, a teaspoonful sugar pinch of salt, and the juice of three or four lemons. Cook till it is a smooth sauce and when cold pour over the salad.

MRS. D. VANCE PRICE.



#### FRUIT SALAD.

One cup vinegar. One cup water. One tablespoonful butter, Mix and let come to a boil, One egg Two heaping teaspoons of flour, Two teaspoons of mustard. One teaspoon of salt. Four teaspoons of sugar,

Mix well together, add the hot vinegar and water slowly, and cook all together in a double boiler ten minutes or until thick.

When cold add a cup of whipped cream.

One pound of English walnuts shelled, One pound of white grapes. Cut the grapes in half and seed them. An equal quantity of celery dried and cut in small pieces.

MISS N. B. GORDON, VA.

#### WALDORF SALAD.

Equal portions apples and celery chopped, (not too fine) pour over it a cream dressing made of the yolk of two eggs well beaten.

Add 1 teaspoon sugar, 1 teaspoon mustard, 1-2 teaspoon salt, Butter size of small egg, A little red pepper, 3 tablespoons vinegar.

Cook till thick as cream, stirring all the time. Beat till smooth and cold. Add 1-2 cup of cream whipped. This cream will keep several days and is good for any kind of salad. MRS. A. G. TROTTER.

# EGGS.

#### BAKED EGGS.

Grease muffin rings; break one egg in each ring, season with a little butter and a dash of salt and pepper; place in oven and bake quickly. Serve on hot toasted bread.

MRS. M. D. MOORE.

#### STUFFED EGGS.

Cut hard boiled eggs in halves, remove the yolks, chop and mix with them cold chicken or veal and a little chopped onion, parsley and a few soaked bread crumbs. Season, and add the uncooked yolk of an egg, and fili the cavity even. Put the two halves together and roll in beaten egg and bread crumbs, put in a wire egg basket and dip in boiling lard until slightly brown. Serve with celery.

MRS. JACKSON.

#### WHIPPED EGGS.

#### A Dainty for Invalids.

Toast carefully, one piece of light bread until a golden brown. Cut off the crusts, and butter.

Separate the yolk from the white of an egg, being very careful not to break the yolk.

Beat the white until stiff.

Place the beaten white on the toast leaving a small space in the middle, into which drop the yolk.

Season with salt and pepper; place a small piece of butter on the yolk and place in the oven until a light brown.

Serve immediately.

(Recipe from Mrs. Walker American Consul's wife in Newcastle under Lyme, England.)

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#### DEVILED EGGS.

Put one-half dozen fresh eggs into cold water to boil twenty minutes then plunge into cold water. When cold remove shells carefully and cut in halves either across or lengthwise, as preferred. Remove yolks, powder them and season with melted butter or olive oil, salt and pepper, with mustard and celery seed, adding a little mayonaise. Return this creamy mixture to the eggs, and skewer together with wooden toothpicks if desired for the luncheon box. If a relish for supper, put on a bed of lettuce leaves. This makes a pretty dish for a yellow luncheon.

MRS. E. M. H.

#### STUFFED EGGS.

Peel and cut in halves hard boiled eggs. Remove yolk and mix with it chicken or ham chopped fine. Season. Fill in the cavity level and put the two halves together. Garnish with parsley and serve.

#### CODDLED EGGS.

Place eggs in boiling water remove from fire and let stand for seven minutes and serve.

#### TIME TO COOK EGGS.

Eggs will cook soft in 3 minutes—hard in 5 minutes.

"I will serve you fish; They say it makes the brain grow large."—Shakespeare.

#### FISH.

#### FISH A LA CREME.

1 pint of cold cooked fish.

Yolks of 2 eggs.

1 pint of milk.

1 blade of mace.

1 bay leaf.

1 sprig of parsley.

1 small piece of onion.

1 tablespoonful of butter.

2 tablespoons of flour.

Salt and pepper to taste.

Make sauce with butter, flour milk, and eggs Put layer of sauce in bottom of baking dish then layer of flish and so on, the last layer being sauce. Sprinkle top with bread crumbs. Put in oven and brown.

MISS ISABELLE SAVAGE.

#### BAKED FISH.

Scrape and clean off scales. Wash and wipe dry. Rub with salt and pepper inside and out. Fill the body of the fish with dressing. Sew or wind a string around it. Cover the bottom of the baking pan with water. Dust the fish with sifted bread or cracker crumbs and baste with butter or the drippings. Thicken the gravy, season it to taste and add tomato catsup. Dressing for baked fish: From three to five crackers rolled fine one small cupful of chopped salt pork, one table spoonful of butter and one teaspoonful of pepper. One finely chopped onion for those who like the flavor.

MRS. M. D. MOORE.

"I always thought celd victuals nice; My choice would be some kind of ice."

#### ICES.

#### LEMON WATER ICE.

4 lemons.

1 qt. water.

1 orange.

1 to of sugar.

Boil the sugar water and the rinds of the lemons and oranges which have been cut in small pieces. Stand away to cool. Squeeze lemon and orange into the syrup. Strain and freeze.

M. B. BROCK.

#### FROZEN PUDDING.

1 gal, cream.

8 eggs.

3-4 to almonds.

1-2 to citron.

1-2 to raisins.

1 tablespoor of vanilla.

Sugar to taste.

Make a custard of the cream and eggs, chop almonds and other ingredients add to custard and freeze.

MES. T. B. McCARGO.

#### FROZEN PUDDING.

To 3 pints of milk ade 3 cups of sugar, let come to boiling point.

Chop fine 1-4 lb crystalized cherries. Chop fine 1-4 blanched almonds.

When the milk is cold add the cherries and almonds, 1 1-2 cup of Sherry wine and 1-2 cup of brandy and 1 qt. of cream whipped stiff.

Freeze.

#### ICE CREAM.

- 1 gallon cream.
- 2 cups sugar.
- 3 eggs.
- 1 tablespoonful corn starch.

Flavor to taste

Take one quart of the cream, sugar and the yolks of the eggs beaten lightly, mix well together, put on the stove and just as soon as it comes to a boil add the corn starch dissolved in cold water; let it cook a few seconds then strain and cool. Add the rest of the cream with the whites of the eggs beaten stiff and freeze.

MRS. M. D. MOORE.

#### RASPBERRY ICE.

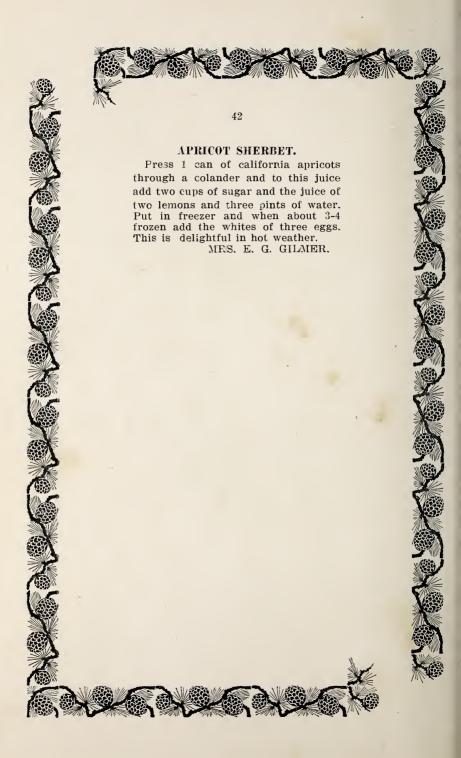
Boil together two cups of water with 1 1-2 cups of sugar, for three minutes. Pour this over a tablespoonful of gelatine mixed with a quarter of a cup of cold water. Stir well and when dissolved add a quart of red raspberries mashed fine and the juice of two lemons. Strain and when cold fold in the whites of four eggs beaten stiff. Freeze solid.

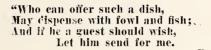
MRS. J. A. HADLEY.

#### PINEAPPLE ICE.

Soak 1-3 of a box of gelatine in 1-2 pint of cold water for 1-2 hour. Put 1 pint of hot water, 1 pint of sugar on stove and let boil several minutes, then add gelatine. Stir until dissolved strain, add the Juice of three lemons and one can of pineapples. When this begins to freeze around the sides add one quart of sweetened milk and freeze until hard. Set away and pack.

MRS. H. G. GALLAWAY.





#### MEATS.

#### CHICKEN CROQUETTES.

To 1 pint of ground chicken add 1 teacup of rice, 1 egg, a little salt, pepper and chopped parsley. Mix all together and moisten with the water the chicken was boiled in. Form in cones, dip in egg and cracker crumbs, and fry in deep hot fat.

MRS. W. E. MERRITT.

#### PRESSED CHICKEN.

Simmer a fowl until tender, remove bones and tough skins, let it cool and cut in very small pieces leaving some skin if cut very fine. Reduce liquor to a cupful, skim free of fat, and add small piece of butter, pepper, salt. paprika and lemon juice. Add 1-4 box of gelatine soaked first in cold water, then stir meat in with other things into the liquor. Have it dry enough to press nicely and pack in baking powder boxes, which have been buttered. In the bottom of box place a slice of hard boiled egg, and about where a slice would come add another slice of egg, and so on through the box. Then press it in until it is firm. This is pretty sliced and served with a few daisies on the platter.

MRS. E. M. HOLLINGSWORTH.

#### LIVER PUDDING.

Take one hogs head, clean and let stand in salt water over night. One liver, if it is small. Cook separately and when done take out the bones in the head and the hard parts of the liver. When this is done mix all together put in a single hand full of corn meal—this makes it stick together. Season with black and red pepper, salt and sage to taste. Cook it again about ten minutes to cook the meal.

MRS. CORA HOLLINGSWORTH.

#### CREAMED CHICKEN.

Chop chicken (cooked) fine. Put two large tablespoons of butter in a saucepan and melt slightly, add one heaping tablespoon flour and rub until smooth. Put in one-half pint of milk (or more if desired.) and let boil. When thick as desired add chicken, salt and pepper. Serve on buttered toast. Beef and oysters may be prepared in the same way.

MRS. E. H. KCCHTITZKY.

#### VEAL LOAF.

- 2 1-2 pounds of raw veal, minced fine,
- 1 tablespoon melted butter.
- 1 table spoon of celery salt,
- 1 table spoon of mustard,
- 2 tablespoons of tomato catsup,
- 2 eggs. well beaten,
- 6 rolled crackers,

Mix thoroughly, shape and roll in cracker dust. Put bits of butter on shape to help brown. Bake about

1 1-2 hours.

MRS. JNO. SABOTTA

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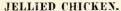
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Boil a chicken in as little water as possible, add a few celery seed to the water, chop the meat fine, season well with pepper and salt. Put slices of hard boiled egg in bottom of mold, then a layer of chicken until the mold is nearly full. Boil the water until about one pint. Season it well and pour over the chicken. A half box of gelatine soaked in a little water should be added to the stock. Allow 4 eggs to one chicken.

MISS E. HART.

#### HAMBURG ROAST.

2 % ground beef,

1-4 fb salt pork

1-2 cup toasted bread crumbs

1-3 cup of water,

1 egg,

1-2 teaspoon salt.

Finch of pepper,

1-4 cup of tomato catchup or chili sauce.

1 teaspoon of grated onion.

#### MEAT POPOVERS.

Use for this a cup of any kind of cold meat finely chopped. Make a batter of two eggs, a cup of flour a cup of milk, a little salt and a pinch of cayenne. Beat all well and stir in the meat.

Bake in hot greased gem pans about fifteen minutes.

MRS. STORM, Wilmington.



#### TREATMENT FOR BOILED HAM.

After cooking and when the ham is done, immerse in cold water and keep till cold. The colder the water the better. Thus will make the ham a beautiful red and the fat will be clear and white.

R. T. J.

#### CHICKEN SOUFFLE.

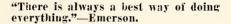
Bits of left over chicken 1 tablespoon mented butter, 1 cup of rich milk, 2 eggs beaten together, Salt and pepper to taste.

Chop chicken fine or run through a meat grinder. Mix all, and fill cases or small dishes about half full and bake in hot oven for about fifteen minutes

#### CORNED BEEF.

To four gallons of water add one and one-half pounds of sugar, two ounces of salt petre and six pounds of good salt. Boil all together gently and skim. Have the beef or tongues closely packed in the vessel in which it is to remain and pour the pickle on while boiling hot. Pour on enough to cover the meat well and place a weight on it. The meat will be fit for use in ten days. This quantity will cover one hundred pounds of meat, well packed. If the meat is to be kept more than three months, use nine pounds of salt To cook, cover with boiling water and simmer gently until tender, about three quarters of an hour to one pound of beef. Let it cool in the water in which it is boiled. Slice thin and serve.

MRS. W. F. CARTER.



## OYSTERS.

#### PICKLED OYSTERS.

Take 1 gallon of oysters and 2 cups of soup. Put on the fire and let stay until the oysters begin to swell. Then take out oysters and put in cold water, and add to soup, which is still on the stove, cup of vinegar, spices, red and black pepper and two pieces of mace. Let this come to a boil then add the oysters and let warm, take off and let cool.

This is much better the day after it is made.

MRS. H. G. GALLAWAY.

#### STEWED OYSTERS.

Put one quart of oysters in a kettle with a tablespoon of butter, salt and pepper to taste. Let them come to a boil and pour them into one quart of boiling milk, let them boil three minutes, then serve.

#### PIGS IN BLANKET.

Drain and wipe each oyster carefully on soft linen cloth; slice some bacon as thin as possible, allowing a slice for each oyster. Place a slice of bacon on the palm of the hand, put an oyster on it and fold the bacon in such a way that the ends come together; run a tooth pick through both bacon and cyster; place in a hot skillet, brown on one side and then on the other. Serve hot.

"Sweetest meats have sourest rind."

#### PICKLES.

#### MIXED PICKLES.

2 quarts of vinegar, 2-3 cup of ground mustard 2 cups of brown sugar, 1-2 cup of celery seed,

Heat to boiling point, mix mustard smooth with a little cold vinegar, stir into the hot vinegar while boiling; use the mixed spices taking out nearly all the small red peppers as they make pickles too hot, using 1-4 pound to a gallon of pickles. Have ready small green tomatoes, quartered; small cucumbers, or larger ones cut in small pieces; small white onions; cauliflower; all previously cooked till tender in salt and water. All may be cooked together with exception the cauliflower, which will need to be cooked longer; drop them while hot into the vinegar mixture, put in cans and seal. MRS. J. C. HOLLINGSWORTH.

#### SWEET PICKLE PEACHES.

Make a syrup of four pounds of sugar and one quart of vinegar and add two ounces of cloves and two ounces of cinnamon. Let this come to a boil and add eight pounds of fruit. Let them remain in syrup until heated through. Take fruit out and let syrup boil down until it thickens. Pour over fruit and seal tightly.

М. В. В.

#### TOMATO SWEET PICKLE.

One pk. green tomatoes, 18 onions 4 green peppers 4 lb brown sugar, one oz. cloves, one stick cinnamon, enough vinegar to cover. Dissolve 1 pint lime in a bucket of water, pour off water and soak tomatoes in it all night; soak in clear water next day. Then cover with salt pour boiling water over and let stand next night. Then soak in clear water until some of the salt is out. Put all together in kettle, pour vinegar over and cook till done.

MRS. A. E. SMITH.

#### PICKLED CUCUMBERS.

Soak out brine and boil in strong; lum water, covered with cabbage leaves five minutes, then drop in cold water, next let come to a boil in 1-3 vinegar and 2-3 water, drain well. Put cucumbers in kettle pour over them 3 quarts of vinegar, 1 1-2 lb sugar. 1 oz. cloves, cinnamon and allspice, 1 teaspoonful ground mustard (you can use celery seed and white mustard if you like.) Let come to a boil and put in jars.

MRS. A. E. SMITH.

#### SLICED TOMATO PICKLES.

Wash and cut off ends of peck green tomatoes. Slice, sprinkle with salt, and let stand over night; drain and cover with cold weak vinegar for 24 hours. Then pour all in kettle, boil ten minutes and drain. Make a syrup with 1 quart vinegar and 3 pts. brown sugar when hot add tomatoes, boil three minutes and pack in jars with spices.

MRS. J. C. H.



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#### SPLENDID CHOW CHOW.

1 gal. each of green tomatoes and cabbage.

1 qt. onions.

3 green peppers.

Chop all fine, sprinkle with salt, let stand all night.

Then drain all the water from the mixture and add:

4 tablespoon of ground mustard.

2 tablespoons of ground ginger.

1 oz. tumeric.

1 tablespoon cloves and cinnamon.

1 oz. celery seed.

3 lb brown sugar.

Mix well, cover with vinegar and boil till done.

MRS. J. R. PADDISON.

#### THE BEST CUCUMBER PICKLES.

Wash them; make a brine strong enough to float a potato, let the pickle stand in it three days; pour off the brine and boil it, and pour it back over the pickles, boiling hot. Let them stand a day and night; take them out, wipe them dry and lay in a jar. Spice, and vinegar to taste, and pour it over them hot. In a week or two they will be ready for use.

MRS. SUSAN HOLLINGSWORTH.

#### SWEET TOMATO PICKLES.

7 th ripe tomatoes peeled and sliced.

3 1-2 Tb sugar.

1 oz. cinnamon and mace, mixed.

I oz. cloves.

1 qt. vinegar.

Mix all together and cook until thick Use the whole spice.

MISS ETTA HART.

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#### CHOW CHOW.

1 large head of cabbage.

2 doz. cucumbers.

1 doz. green peppers.

1 gal green tomatoes.

1 gal green tomatoes.

1-2 doz onions.

Chop the onions letting them stand in water 10 minutes, chop the other ingredients fine sprinkle sult over them adding the onions, let them stand all night. Then put them to drain two hours Pour on weak vinegar let stand 24 hours, then pour off the vinegar and to every gal. of the mixture add 1-2 sugar. Put good vinegar on season with mace, cloves and mustard. Pour the vinegar on hot, keep covered up closely.

MRS. ALLEN DENNIE.

#### HIDEN SALAD. (PICKLE.)

1 gal. cabbage, chopped fine,

1-2 gal green tomatoes,

1 pint green pepper; leaving out the seed

1 quart onions,

All chopped fine, the juice strained off and thrown out.

Add 4 tablespoons of mixed mustard,

2 tablespoons of ginger

1 tablespoon cinnamon,

1 tablespoon of cloves,

3 oz. turmeric

1 oz. celery seed,

2 lbs. sugar

2 tablespoons of salt,

Mix all well together and add 1-2 gal. of good vinergar, boil slowly 20 minutes.

MRS. GORDON, Charlottesville, Va.



#### UNIVERSAL PICKLE.

To 6 qts. vinegar, add 1 lb salt 1lb ground mustard and 1 oz. each of cloves, ginger, mace allspice, black pepper and turmeric, a tablespoon red pepper. Beil all together the mustard and turmeric, which must be added after the vinegar is cold. made into a smooth paste with some of the vinegar. Then put in a large stone jar, keep closely covered. Add vegetables as they are gathered. Be sure to rinse before putting in. Small onions, cucumbers beans, okra and cabbage cut into small pieces, indeed any young tender vegetables may be used. Sugar added to taste. This pickle is said to keep indefinitely.

MRS. F. H. CHAMBERLAIN.

#### SOUR PICKLES.

Make a brine strong enough to float an egg. Put cucumbers in this and let them stay 24 hours. Remove from brine, wipe dry and place in fruit jars. Put vinegar in a porceain kettle and bring to a boil. Pour this over the cucumbers and seal tightly.

MRS. JACKSON.

#### SPICED GRAPES.

5 lb grapes.

3 lb sugar.

Put in one kettle the skins, in another the pulps. Put water to the skins, boil until tender.

Strain pulp through seive, then put all together with the sugar two teaspoons of cinnamon, one of cloves and one of allsipce. Boil until thick.

MISS ETTA HART.

#### RIPE TOMATO CATSUP.

Stew and strain four quarts unpared, sliced tomatoes, add two tablespoons each of salt, mustard and black pepper and quarter tablespoon ceyenne, cup of brown sugar and pint vinegar. Boil to the consistency of cream, watching carefully to prevent burning. Then set on tack of stove and add 1-2 tablespoon each of cinnamon and cloves and a pint of currant jelly, mixing thoroughly; can or bottle hot, seal with corks and dip in sealing wax. This will keep two years.

MRS. J. C. H.

#### SWEET TOMATO PICKLES. (Green.)

One peck of tomatoes and six large onions sliced. Sprinkle with one cup of salt and let stand over night. In the morning drain.

Add to the tomatoes two quarts of water and one qt. of vinegar. Boil fifteen minutes; then drain again and throw this vinegar and water away. Add to the pickle two fb of sugar. 2 qts. of vinegar, two tablespoons of cloves, two of allspice two of ginger, two of mustard, two of cinnamon, boil fifteen minutes or until done.

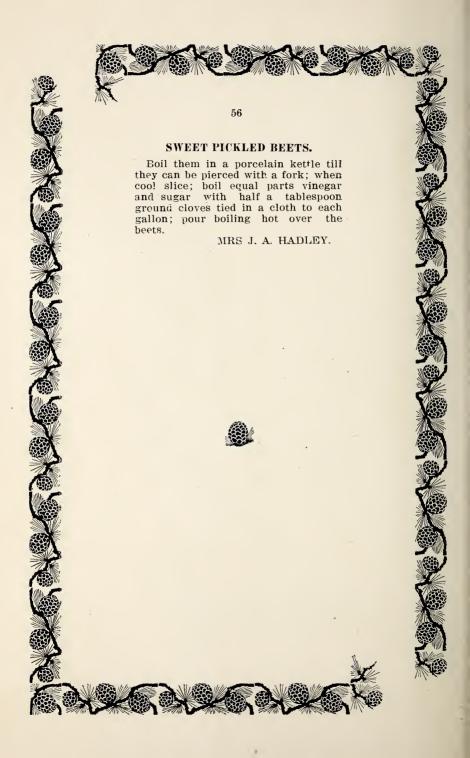
MISS ETTA HART.

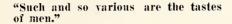
#### PICKLED CHERRIES.

Poil 1 quart vinegar with 2 lbs of sugar, few sticks cinnamon and whole cloves, skim nicely. When perfectly cold drop ripe cherries in it and keep them under the pickle. It is nice to drop in some with stems also a bunch of cherries now and then.

MRS. E. M. HOLLINGSWORTH







## PIES.

#### CHOCOLATE PIE. (FINE.)

Yellows of six eggs.

1 whole egg,

2 cups of sugar,

1-4 cake of Baker's Chocolate dissolved in one cup of sweet milk

1 tablespoonful of butter,

Let milk and chocolate boil, then add eggs and sugar well beaten together. Boil all until very stiff. Put in crust that has been baked first cover with meringue made of the whites of the eggs beaten stiff, to which four tablespoonfuls of sugar has been added after the eggs have been beaten. Put in oven to brown.

MRS. E. H. KOCHTITZKY.

#### SUGAR PIE.

3 cups of brown sugar.

1-2 cup of melted butter.

1-2 cup of sweet milk.

3 eggs.

Beat well together, season with either vanilla or lemon.

Bake on crust.

MRS. C. J. MATTHEWS.

#### PASTRY.

2 cups sifted flour.

3-4 cups of lard.

1-2 cup of ice water.

Salt.

This is nice if put on ice two hours before baking. Do not knead very much.

MRS. E. H. KOCHTITZKY.

1-4 lb butter,

6 eggs.

1 cup meal mush,

Seed raisins, put them on with a little sugar and water and tew awhile. Stir together yolks, sugar and butter then add mush and raisins.

Use the whites of 2 eggs for top of pies for icing This will make two nice pies.

> MISS MAMIE HARVEY. Wilmington, N. C.

#### LEMON RAISIN PIE.

One Pie: 1 cup chopped raisins, Juice and grated rind of 1 lemon,

1 cup of cold water.

1 teaspoon of flour,

1 cup of sugar

1 tablespoon of butter,

Mix lightly and bake on pastry cover with pastry and sprinkle well with pulverized sugar,

MRS. J. E. HAWLEY. Favetteville, N. C.

#### LEMON PIE.

Eggs, yolks of five, Sugar, 3 cups, Butter, piece the size of an egg, Water 3 cups, Corn starch, 3 tablespoons Lemons, 3

Grate the yellow part off, then the juice. Dissolve the corn starch in water. Mix all together and cook in a double boiler until thick. meringue of the whites of eggs and add one tablespoonful of sugar to each white. Bake pastry first.

#### CARAMEL PIE.

3 eggs beaten separately,

Mix the well beaten yolks with a tablespoonful of butter

One cup of jam or any dark preserves,

A teaspoonful of vanilla.

Last of all mix in the whites, which have been beaten very stiff. Make a rich pastry and bake in a tin pan. Double the quantity to make two pies.

MRS. PRESTON.

#### LEMON PIES.

Grated rind and juice of one lemon, cup of sugar, yolks of three eggs, tablespoon of butter, 1-2 cup milk. Beat all together and bake in rich crust. Beat the whites with a little sugar and spread over pie when done and brown in oven. Use a little flour to thicken the custard.

MRS. J. C. HOLLINGSWORTH.

#### MOLASSES CUSTARD.

4 eggs.

1 1-2 cups sugar.

1 cup molasses.

1 tablespoon melted butter.

Tablespoon sifted flour.

Tablespoon of ginger and spice, Bake in rich paste, slowly.

#### MOLASSES PIE.

4 eggs beaten separately.

1 cup brown sugar.

1 1-2 cups molasses.

1 full tablespoon of melted butter.

1-2 nutmeg.

1 tablespoon of flour.

Bake on a crust.

MRS. J. E. HAWLEY. Favetteville, N. C.



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## POTATOES.

#### SCALLOPED POTATOES.

Peel thin the potatoes, then slice crosswise in rather thin pieces. Let stand in cold water for ten or fifteen minutes. Then drain. Butter well your baking dish. Put in layer of potatoes season with salt and pepper muts of butter and sprinkle lightly with flour. Add another layer and so on till dish is full with plenty of butter on top. Now pour in hot sweet milk until you can see it through the top layer.

Bake in a moderate oven for 1-2 or

3-4 of an hour.

MRS. N. H. WRIGHT.

#### POTATOES WITH CHEESE.

Cut potatoes in cubes and boil in salt water until tender. Take baking dish and line bottom with potatoes, then put a layer of cheese and so on till dish is filled. Make dressing as in creamed chicken and pour over top. Sprinkle with pepper and brown in oven.

MRS. E. H. KOCHTITZKY.

#### POTATO PUFF WITH CHEESE.

Two cups of cold mashed Irish potatoes one egg one half cup of milk. I teaspoonful of melted butter, two teaspoons of grated cheese salt and pepper to taste.

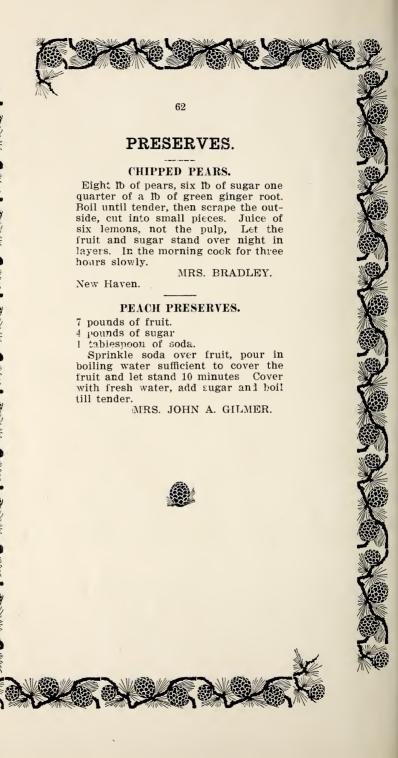
Beat the potatoes milk and butter together until light and add the

whipped egg.

Put into the greased baking dish and put the cheese thick over the top and bake a light brown.

MISS HART.





A dish that I do love to feed upon.
—Shakespeare.

## PUDDINGS.

#### EGGLESS PLUM PUDDING.

- 1 heaping cup of bread crumbs.
- 2 cups of flour.
- 1 cup of beef suet chopped fine.
- 1 cup of raisins.
- 1 cup of molasses.
- 1 cup of sweet milk.
- 1 teaspoon of soda.
- 1 teaspoon of salt.
- 1 teaspoon of cloves.
- 1 teaspoon of cinnamon.

Boil 2 1-2 hours in 2 gallon covered pail. Set in kettle of boiling water. MRS. E. H. KOCHTITZKY.

### SAUCE.

1 cap sugar.

butter size of an egg.

Grated rind of one lemon and white of one egg. Boil until thick.

MRS. E. H. KOCHTITZKY.

#### MRS. LAWSON'S SUNDAY PUDDING.

1 at. nailk in double boiler.

When hot add 4 eggs (leaving out whites of two,) 4 light tablespoons of cornstarch and cup sugar well mixed. Stir constantly till thick as mush, take from fire and flavor to taste. Have ready a cake baked in pie pan, split in two and place one piece in bottom of pudding dish pour in the custard and place the other layer of cake on top. Beat the two whites of eggs stiff add about 1-2 cup of sugar spread on the cake and brown lightly in bot stove. Serve cold.

MRS. A. G. TROTTER.

brown sugar well browned stir in after cooling a minute.

4 drops of vanilla. Serve with whipped cream and vanil-13.

#### SURRY PUDDING.

Put one quarter of a box of gelatine in a quart of sweet milk on the back of the stove until the gelatine dissolves then pull forward and let it come to a boil, then pour this over the yolks of four eggs well beaten, in which you have added one cupful of sugar, put back on the stove and let it come to a good boil and then add the whites of the four aggs well beaten in which you have added one half a cupful of sugar. Take-off stove and pour it over a dozen Lady Fingers which have been soaking in a cup and a half of Sherry. After this congeals, and just before serving, pour over it half a pint of whipped cream seasoned with sherry.

MRS. P. R. PRESTON.

#### PERSIMMON PUDDING.

1-2 gal of persimmons, enough water to to wash off the seeds. 4 eggs, 1 cup of butter milk molasses and sugar to make sweet butter or lard the size of an egg, a little spice, flour enough to make it as stiff as cake batter. After baking awhile eur so as to bake through and through.

MRS. SUSAN HOLLINGSWORTH.

#### BROWN BETTY.

Into a buttered baking dish, put a layer of bread crumbs, then a layer of finely chopped apples, over which sprinkle sugar and a little cinnamon and small lumps of butter. Repeat until the dish is full, having bread crumbs on top. Bake in a slow oven that apples are tender. Serve with hard sauce.

MRS. STIVERS.

#### CHERRY PUDDING.

Into 10 tablespoons of flour break 6 eggs, 1 large teaspoonful of salt. Stir the eggs and flour together until the whole is moistened with the egg and no lumps remain. Then add gradually one pint of nice rich milk. Have ready one quart of ripe cherries stoned and well dredged with flour and when you have stirted the other ingredients quite smooth put in the cherries stirring them lightly. Pour the whole into a pudding cloth previously scalded and dredged with flour tie it up firmly and put into a pot of boiling water with a plate at the bottom of the pot. Let it boil hard one hour. Serve with sweet sauce.

#### GEORGIA PUDDING.

6 eggs.

5 tablespoons mashed Irish potatoes.

2 heaping tablespoons of butter.

2 cups of sugar.

1 cup of currants.

1 cup of raisins.

Season as you would truit cake.
MRS. GORDON.

#### CARAMEL PUDDING.

1 cupful of butter.

1 cupful of sugar.

Add 5 eggs yolks and whites beaten separately, 1 cup of damson preserves with seeds removed. Beat all together very light and season with a teaspoonful of vanilla.

Bake on pastry.

MRS. C. J. MATHEWS.

Teaspoons of soda.

Teaspoonful each of cinnamon and cloves. Serve with hard sauce.

MRS. E. H. NOCHTITZKY.

## SANDWICHES.

#### TOMATO AND CELERY

#### SANDWICH.

Remove skin from four medium size tomatces and cut into small bits. Mince two stalks of celery finely, mix with French dressing stand on ice till thoroughly chilled. have rounds of buttered light bread or crackers spread with mixture put together in pairs with a crisp lettuce leaf between.

MRS. E. M. HOLLINGSWORTH.

#### CHEESE SANDWICH.

- 1-2 lb cheese grated.
- 1 tablespoon butter creamed.
- I tablespoon hot sauce or catsup.
- 1 teaspoon vinegar.
- 1 tablespoon vinegar.
- 1 tablespoon sugar.

Salt to taste. Nice between graham wafers on light bread.

MRS. M. D. MOORE.

#### CHEESE SANDWICHES.

Equal parts of cheese and chopped nuts softened with cream so it will spread well and seasoned with salt and red pepper.

Spread thickly on thin slices of

bread.

MRS. SABOTTA.

#### GINGER AND NUT SANDWICHES.

Chop fine 1 lb English walnuts. Put through meatchopper one pound of preserved ginger, mix enough cream, (preferably whipped) to spread well. Butter thin slices of bread and fill with mixture.

MRS. SABOTTA.

#### TOMATO SANDWICHES.

Cut bread very thin any desired shape. Butter one slice, the other slice cover with mayonnaise lettuce leaf, a slice of tomato and a slice of breakfast bacon cut very thin, and fried crisp.

Put on buttered slice and press to-

gether.



## SOUPS.

#### ASPARAGUS SOUP.

Boil a hen until tender. Pour broth into a saucepan and cut one pint of tender asparagus tips into pieces about an inch long. Add two tablespoons of rice and boil in broth one half hour. Season to taste.

MRS. W. E. MERRITT.



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#### NOODLE SOUP.

To one egg add one half the egg shell of cold water and a pinch of salt. Enough flour to handle. Roll thin, cut in strips about an inch and a half wide making a stack of the strips. Then slice off at the end in very thin slices. Drop in soup stock and boil twenty minutes.

MRS. C. KOCHTITZKY.

#### CREAM OF PEA SOUP.

Cook tender, one pint of peas; remove from fire, and put half of them aside. Mash the other half through colander; add water in which they are cooked. Scald three cups of milk; tub one tablespoon of milk and two of flour together until smooth; add to the boiling milk; then add mashed epas, stirring until thick. Just before the tender to the stirring the fire stir in the whole peas one cup of sweet cream, salt and pepper; serve.

MRS. H.

#### TOMATO PUREE.

1 qt. can of tomatoes.

1 pt. of milk.

1-4 To of butter.

1-2 doz. cloves.

1 teaspoon sugar.

1 pinch of soda.

1 pinch of celery seed.

Heat the tomatoes and strain through a sieve take off stove and add the milk. Boil 10 minutes. Cut light bread in 1-4 inch squares toast and drop in the soup just before serving.

MRS. H. G. GALLAWAY.



## TOMATOES.

#### MOTHER'S BROILED TOMATOES.

Select large firm tomatoes and do not peel. Slice 1-2 in. thick and broil upon a gridiron. A few minutes will suffice to cook them. Have ready some hot butter seasoned with pepper salt a little sugar and 1-2 teaspoonful of made mustard. As soon as the tomatoes are done, dip each piece in this mixture and lay upon a hot dish. Heat what remains of the seasoning to a boil pour upon them and serve at once.

MRS. GORDEN, Charlottesville, Va.

#### STUFFED TOMATOES.

Several large ripe tomatoes.

1 box of canned turkey or equal quantities of cold meat minced fine.

2 tablespoons melted butter.

Worcestershire sauce to taste.
salt and pepper to taste.
cracker crumbs to make a stiff dressing. Take out the inside of the tomatoes and fill with the dressing.
Bake and serve hot.

#### FRIED RIPE TOMATOES.

Peel and slice ripe firm tomatoes in slices about 1-2 inch thick. Sprinkle with salt and pepper. Dip in cracker crumbs and fry in sweet meat drippings or 1-2 lard and 1-2 butter until a nice brown.

MRS. OTTO KOCHTITZKY, Cape Girandeau, Mo.



## MISCELLANEOUS.

#### FRUIT PUNCH.

Put 1-2 up of raisins in sauce pan and pour on 4 cups cold water, bring slowly to boiling point and boil twenty minutes. Strain, and add two cups of sugar and a few shavings from the rind of a lemon. Then boil five minutes and add 1 1-3 cups orange juice and 1-3 cup lemon juice. Cool, strain and add one pint claret wine and ice water to taste. Instead of claret you can add fruits grated, pine apple bananas grapes etc.

MRS. A. G. TROTTER.

#### A PRETTY WAY TO SERVE MELONS

Select small cantaloupes, of uniform size. Clean and polish the shell if needed. Scoop out the seeds, and line with red raspberries or cherries or any rruit you like. With the melon cut in small pieces may be used a bit of whipped cream and sugar, depending on what fruits you use. Serve them on a long platter filled with chopped ice and garnish with red clover or anything you like.

MRS. E. M. HOLLINGSWORTH.

#### UNFERMENTED GRAPE JUICE.

Pick and wash 20 pounds of grapes Add three quarts of water. Crush grapes and cook 20 minutes. Strain through cloth and add sugar to taste. Heat and when sugar is dissolved pour boiling hot in bottles and seal.

MRS. E. H. KOCHTUTZKY.

#### A NICE WAY TO SERVE WATER-MELON.

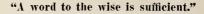
Free a nice large melon of its meat, scrape out shell and rub outside till it looks polished, then take a block of ice break the corners off so it will fit inside the shell, then take the heart of the melon and put all around the ice until it is filled level with edge of the shell. Serve on a pletter covered with grape leaves and grapes scattered here and there.

MES. E. M. HOLLINGSWORTH.

## MISS HELEN TAFT'S RECIPE FOR PUNCH.

Boil together for five minutes a pint of water, a pound of sugar and the chopped rind of a lemon. Strain the fluid and slice two bananas into it while it is hot. Add a grated pineapple and a quarter pound of stoned cherries. Then squeeze the juice of six lemons into the bowl, shortly before serving. A block of ice must be placed in the bowl and two quarts of soda water poured over it before the fruit mixture is put in. Slice a dozen big strawberries and drop them into the bowl, stirring vigorously.





### HOUSEHOLD HINTS.

Meringue should be put on puddings or pies after they are partly cooled or eggs will liquify.

Wash windows with a few drops of coal oil in hot water (no soap) and rub dry with paper.

#### TO MEND CHINA OR GLASS.

Dissolve one ounce of gum arabic in a wine glass of boiling water, and add to it plaster of Paris sufficient to form a thick paste. Apply with brush to the parts required to be cemented together, and set the article away for three days, for plaster to harden.

To cook an old fowl. Put it on in cold water with a tablespoon of good vinegar, and as the water boils down use more cold water.

Instead of cloth to clean stove, use paper.

To scour tins use whiting, moistened with kerosene.

#### TO REMOVE INK STAINS.

Soak in sour milk. If a dark stain remains, soak in a weak solution of chloride of lime.

#### IRON RUST.

Soak the stain thoroughly with lemon juice; sprinkle with salt, and bleach for several hours in the sun.